

Detach this form, return to:

Seneca Downtown Impact, 511 Main St, Seneca, KS 66538. Make checks payable to Seneca Downtown Impact.

One entry form per race participant required.

Name _____

Address _____

City, State, Zip _____

Email _____

Phone _____

T-Shirt Size _____

Age on Race Day _____

Gender (circle one) M/F

Entry Fee—\$15 before August 31, 2010;

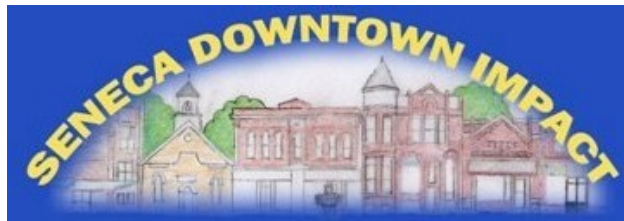
\$20 after August 31st and day of race.

Entry fee includes T-Shirt and Runner Goodie Bag filled with items from local businesses!

Waiver and Release of Liability Agreement

I know that running is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I also know that some protection is provided but there will be traffic on the course. I assume any and all risk of running in traffic. I also assume any and all other risks associated with running this event including but not limited to falls, contact with other participants, the effects of weather, including temperature, and the conditions of the roads, all such risks being appreciated and known by me. Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone who may claim on my behalf, covenant not to sue, waive, release and discharge Seneca Downtown Impact, the City of Seneca and all sponsors, their representatives and successors from all claims and liabilities of any kind arising from my participation in this race even though that liability may arise out of negligence or carelessness on the part of persons named in this waiver.

Signature required. If under 18, parent/guardian signature



Labor Day 5K Run/Walk Saturday, Sept 4, 2010

Race Starts-8:00am
at 4th and Main
Seneca, KS

Race Day
Registration-7:30am

Sponsored by
Seneca Downtown Impact

Register in Person Now
and Day of Race at
Practical Cents Consignments
414 Main Street, Seneca

Or mail completed entry form and
check payable to:

Seneca Downtown Impact
511 Main St, Seneca, KS, 66538

Questions?

Please call Seneca Downtown Impact
785-336-1313

Medals Awarded - 1st, 2nd, 3rd place
3 Divisions - Men's, Women's and
Children (12 and under)

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